



AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

*Professional growth through leadership, mentorship, and fellowship*

# The Times

*Fall/Winter 2006*

## President's Message: Mary Calka, RDH



I want to thank all of our members who attended our annual meeting in Las Vegas. We are all so busy during the summer months but it is so rejuvenating to spend time with esteemed colleagues and friends. Please take a moment to go through the officer and committee list published on page 7. These are the core group of members who will be responsible for the future growth of the American Academy of Dental Hygiene (AADH).

I am happy to announce we will continue our partnership with Under One Roof (UOR) by hosting our annual meeting in Washington, DC at the Omni Shoreham Hotel. The dates are August 2-4, 2007 (mark your calendars-you won't want to miss it). Look to future issues of the AADH Times and our website for more details.

The AADH has two very important communication tools our newsletter and website. I urge each of our members to submit newsworthy information to our new editor Millie Thaw [thetoothfairylikes@yahoo.com](mailto:thetoothfairylikes@yahoo.com) by March 1, 2007 for inclusion in our spring edition. Our website is updated on a regular basis and any information pertaining to the site should be submitted to our Executive Director Nancy Barnes.

Continuing Education (CE) course approval is the foundation on which this organization was built in 1985. I'd like to encourage individuals, corporations, government agencies, health facilities, educational institutions and dental/dental hygiene & specialty groups to continue submitting proposals for review. Congratulations to all of the groups who recognize the AADH, Inc. as the **only dental hygiene** course approval agency in the world.

As we welcome our newest members, from across the country, I encourage our current members to share their wealth of knowledge and experience to enhance our efforts in working as a team. A team of hygienists' ensuring quality oral health care for the public in the communities we serve through the acknowledgement of our specialty practice groups.

In an effort to facilitate the business of the AADH I encourage each and every member to submit suggestions/recommendations to the chair of our Bylaws & Policies Committee. Our Bylaws are in review and the revision process will move forward for member vote at our annual meeting in Washington (if not sooner). The approval of policy and procedures documents will be the next effort of the committee. Thanks to all for your contributions!

The AADH is an expert group comprised of many hygienists' willing to "Go out on a limb" to ensure that WE are recognized as just that THE EXPERT.

## Fellowship Status Granted to 4 Members at Annual Session

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## AADH Annual Session 2006

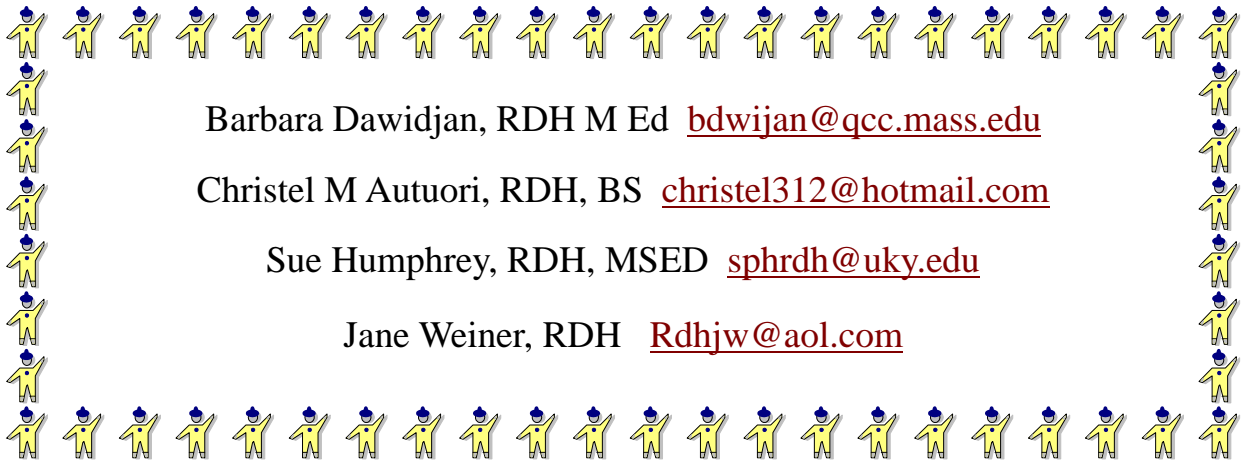
at RDH Under One Roof Las Vegas

Thank you New Member

Christel Koppel Autuori, RDH, BS

For *“From the Forsyth Project to ADHP”*

# Welcome New Members



Barbara Dawidjan, RDH M Ed [bdwijan@qcc.mass.edu](mailto:bdwijan@qcc.mass.edu)

Christel M Autuori, RDH, BS [christel312@hotmail.com](mailto:christel312@hotmail.com)

Sue Humphrey, RDH, MSED [sphrdh@uky.edu](mailto:sphrdh@uky.edu)

Jane Weiner, RDH [Rdhjw@aol.com](mailto:Rdhjw@aol.com)

## We wish Esther Wilkins a speedy recovery from all the members of the AADH

Esther Wilkins is recovering well and is back in her Boston home. It would please here to receive cards. Her address is:

**Esther Wilkins Gallagher**

**151 Tremont Street Apt. 12 - N**

**Boston, MA 02111**



## President Elect: Tricia Osuna, RDH, BS

As I walked into the Annual Meeting in July at Under One Roof I was very curious as to what type of atmosphere for business and whom I would find there. It was my first Academy Annual Session meeting and I was not sure what I would encounter. Pleasantly surprised, I found a fantastic group of individuals with a strong 'commitment' in the air! You could feel the pride and ownership of being a part of the Academy. What an awesome, tireless group of people all committed to achieving the goals of the Academy.



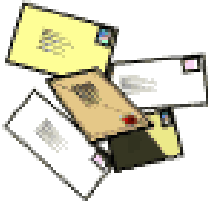
Over the remainder of the summer I have been in awe of your President, Mary Calka. She is one of the most organized, 'on top of details', great on follow up and committed individuals that I have met. We have had numerous discussions, a vast amount of email communications and planning to achieve the goals she set for her term. From updating the by laws to financial reporting to increased membership to streamlining procedures and protocols, Mary has been leading me to hopefully be able to follow in her footsteps and keep the momentum going for a progressive Academy. What was established in 1985 here has been an innovative, interesting and successful association. Now, with so many changes over the last twenty plus years in technology and communication, the Academy has to deal with 'growth spurts' and keeping up to date with other professional groups.

The AADH as an association is so very unique and I am honored to be a part of the leadership. With such a strong membership based in a smaller geographic area, one of the goals has been to reach out across the country and increase membership from all states. To accomplish this goal and be prepared for the growth we anticipate, certain aspects of the 'behind the scenes' running of the Academy are in need of change and updating. Change is often uncomfortable for us, especially when it affects you personally. There are times when we have to give up the "old ways" while we accept new members and see our goals to fruition. Similar to sending your children off to college, which is usually not what a parent would call fun however it is necessary to do for your children to grow. In their growth you retain the pride as a parent in what you have done to nurture, develop and guide them to a successful future. For the Academy you will begin to see subtle changes in leadership, procedures and protocols, planning and management. This must all occur as we progress to stay on the 'cutting edge' of accepting changes in the profession for continuing education approval, new aspects of fellowship and updated business policies.

I look forward to input and suggestions from each of you on what you may see that needs to be addressed for the future AADH!



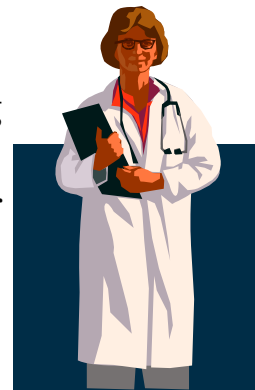
To our newest member  
**Jane Weiner RDH**  
of Tamarac, Florida on the  
2006 Sunstar Butler Distinguished  
Hygienist of the Year Award



## Call for Nominations

As Chair of the nominations, committee, I invite you to contact me, *Joyce Turcotte* at [jturcotte@pls.org](mailto:jturcotte@pls.org) or 203-261-2857. If you are interested in learning about the role of a Governing Council member of AADH. It does not require a lot of your personal time and does require your thoughts, ideas and vote on issues presented to the Governing Council Board. There will be two Governing positions opening up on the AADH Board for 2007-2009 term. Please submit names to the nomination chair no later than June 9, 2007.

Or E-mail to Executive Director Nancy Barnes [pbarfam@aol.com](mailto:pbarfam@aol.com)



## Nutmeg Conference 2006



Mary Calka AADH president, Leslie Andrews AADH Public Relations Chair (Immediate past president of CDHA), Sherri Meyers ADHA District II Trustte, Cristel Autuori AADH member and Sue Sprows College on DH Director at Briarwood in Southington, CT standing.



**Congratulations to our fellows:**

*Ann-Marie De Palma*, RDH, BS, Education

*Winnie Furnari*, RDH, BS, Forensics

*Anne Koznesoff*, RDH, MPS, Leadership

*Joyce Turcotte*, RDH, M.Ed., Education.

***Become a Fellow  
in the American Academy of Dental Hygiene***

**Fellowship Application Procedures and Deadlines**

The following regulations apply to members who are seeking the award of Fellowship in The American Academy of Dental Hygiene (FAADH). Members who have met all requirements and choose to apply for the Fellowship must complete an application.

Applications for the Fellowship Award must be postmarked by July 1st, 2007 and sent to Executive Director to be considered for convocation that same year.

Applications received by the July 1st, 2007 deadline will be reviewed by the Fellowship Review Committee. Applicants will be informed by letter regarding AADH action by August 1st. All new fellows are encouraged to attend a special ceremony held during the AADH Annual Meeting.

A \$25 application fee is required and must accompany the award application.

Requirements in effect at the time of your membership will apply to your records.

Membership in AADH maintains Fellowship status. Requirements for future members may change.

1. Be a active full or life member of the Academy for at least three (3) years.
2. Provide documentation of achievement of a Baccalaureate degree or higher.
3. Be elected by 3/4 vote of the Governing Council.
4. Fulfill 3 of 4 additional criteria.
  - A. Document advanced education of at least 100 hours in the specialty or field.
  - B. Document active participation in the specialty or field via practice, published research or poster/clinic presentations at national or international hygiene meetings, or having served elected leadership positions in hygiene associations.
  - C. Present a continuing education course which meets AADH guidelines for course approval.
  - D. Advanced the cause of the specialty/field in some community related significant manner.

## What's Your Dream?

Dental Hygiene - what a great profession! With education, motivation, drive, interest and an endless sense of adventure, there is almost no limit to the directions in which your career can grow!

Dental Hygienists enhance such diverse venues as public health, education, administration, management, forensics, mission work, continuing education providers, research, sales and corporate. The AADH is an organization where you can find a member in all of these roles. Pick a path that interests you and you're sure to find another member ready, willing and able to provide mentorship, nurturing and direction.

In future issues of the AADH Times, you will find a column describing one of these many roles. My specialty lies in the corporate sector. For 10 years, I was a Professional Educator for Philips Oral Healthcare - makers of the Sonicare® toothbrush. As an Educator, I provided continuing education courses to professional associations, study groups and academic institutions. I presented seven different programs with subjects as diversified as: "Women's Wellness: An Oral Health Perspective", "Oral Health through the Golden Years" and "Opportunities for Excellence with Pediatric Patients" to name a few.

Often, I was asked how I secured this coveted position. I was very fortunate and I also was in the right place at the right time. First, I had advanced degrees - a BS and an MBA. Advanced degrees are not only an asset but sometimes a necessity. Second, I was extremely familiar with the product and was enthusiastic about sharing my many positive experiences with it. The third ingredient is networking. The sales rep told me they were looking to build a speaker's bureau. The fourth requirement is to act fast! Get your resume in and follow it up with a phone call. If you are fortunate enough to be interviewed - be prepared. Be knowledgeable about the company and its vision and products. Know what the job entails and ask questions. Be prepared to answer questions about your expectations and future growth and development. Have references, if asked.

Many corporate jobs involve travel. You'll need to know how much and when so you can decide if you can fit that into your life. Also find out what your corporate responsibilities are in terms of quotas, trade shows and reports. You may need to cut down your private practice commitments, work part time, temp or give it up entirely. Are you willing to do that? How much will you miss it?

Finally, try to ask others in the same or similar positions what their successes and challenges may be. Know what you are walking into.

Several of your fellow AADH members have some form of corporate experience. I was originally a consultant and as the position grew, it became full time. This included a regular salary and benefits.

I was with Optiva (the original owner of Sonicare) and then Philips (who bought Sonicare from Optiva). It was a great career and I enjoyed it thoroughly. After 10 years of travel and balancing several programs along with my personal life, I decided to retire. I have no regrets and I would encourage any AADH members interested in pursuing this career path to tap into my resource as a mentor. The next time you are at a trade show, visit manufacturers who employ speakers. Give them a business card and tell them you are interested. It seems that more and more corporations are moving in the direction of hiring consultants on a part and full time basis.

I can be reached at [Leslieandrews@att.net](mailto:Leslieandrews@att.net)

Good luck!

*Leslie Andrews, RDH MBA*

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## Committee List

### 2006-2007 AADH Officers

President – Mary Calka  
 President Elect- Tricia Osuna  
 Treasurer – Judith Nist  
 Secretary- Lois Sobel  
 Immediate Past President – Joyce Turcotte  
 Executive Director – Nancy Barnes

### Committees

#### Governing Council

Kim Benkert Term 2006-2008  
 Diane B. Thomas Term 2006-2008  
 Pattie DiGangi Term 2006-2008  
 Winnie Furnari Term 2006-2008  
 Ann Kozensoff Term 2005-2007  
 Wanda Nelson Term 2005-2007

#### Editor/Chair Newsletter

Patti DiGangi Mentor 2006-2007  
 Millie Thaw Chair

#### AADH Times Advisory Committee

Linda Bohacek  
 Shirley Gutkowski  
 Tammy Filipak

#### Membership Committee

Kristen Simmons Co Chair  
 Lois Sobel Co Chair  
 Marilyn Cortell Consultant

### Course Approval

Nancy Barnes Chair  
 Maureen Howes  
 Laura Mueller-Joseph  
 Olga Ibsen  
 Claudia Turcotte

### Course Presentation

Joyce Turcotte Chair  
 Ann-Marie DePalma  
 Nancy Barnes

### Annual Meeting

Mary Calka Chair  
 Nancy Barnes

### Nominations

Joyce Turcotte Chair  
 Linda Bohacek

### Finance Committee

Tricia Osuna  
 Kim Benkert Chair

### Public Relations

Leslie Andrews Chair  
 Diane B. Thomas  
 Anne Marie DePalma Consultant

### Policy & Bylaws Committee

Kim Benkert Chair  
 Ann Kozensoff  
 Mary Calka Consultant

### Fellowship Approval Committee

Winnie Furnari Chair  
 Wanda Nelson

## ATTENTION ALL SPEAKERS!!

A slide has been created for all AADH speakers to insert into their programs with the purpose of promoting the Academy. It is only one slide and copy (Notes Page) is provided. The slide is in a generic white background and when placed into your PowerPoint program, will automatically convert to the background of that program.

To receive the slide via email, please contact Leslie Andrews at [Leslieandrews@att.net](mailto:Leslieandrews@att.net). Leslie will send you the slide and instructions on how to use it.



American Academy of Dental  
Hygiene, Inc.

[www.americanacademyofdentalhygiene.org](http://www.americanacademyofdentalhygiene.org)  
516-313-4948

Mentorship

Leadership

Fellowship

**Bachelor of Science in Dental Hygiene  
Degree Completion Program  
Farmingdale State University of New York**

There are many new career opportunities in the dental and healthcare industries, however most require advanced degrees. The Farmingdale State degree completion program offers dental hygienists an opportunity to complete their education with a Bachelor of Science Degree in Dental Hygiene.

The program builds upon knowledge obtained in the Associate's degree and provides foundation courses in the areas of teaching, research and public health. As part of the capstone practicum, students are able to further explore a specific area of interest through an internship which offers hands-on practical experience.

Practicing hygienists who wish to experience personal growth will find the program to be rewarding. The interactions with fellow students and faculty provide a wonderful networking opportunity and help to expand career directions.

Students may enroll in the program on a full time or part time basis. Most of the core dental hygiene courses are taught on Wednesdays and Fridays. Course requirements in the Liberal Arts and Sciences vary in days and times. Some of these courses may be taken on-line.

Dental Hygienists who are interested in completing their education with a Bachelor of Science Degree should call the Dental Hygiene Department at (631)420-2060 for further information. Information about the program can also be found on our web site at [www.farmingdale.edu](http://www.farmingdale.edu).

Student Comments:

"The BS program in Dental Hygiene prepared me to expand my employment options and also allowed me to further my education. Currently I am working on a master's degree in education". 2003 grad. Carol Intriago

"One of the strengths of the BS program in Dental Hygiene is the small class sizes. We also took a variety of courses other than dental hygiene and were taught to look beyond just clinical practice" 2004 grad. Dawnmarie Galantucci

"The BS program in Dental Hygiene gives one a chance to network with other professionals. It opens up numerous opportunities and gives one a sense of freedom and independence that is very much need in our profession." 2004 grad. Elena Dymova.

*Dr. Laura Joseph-Mueller*

One of the AADH mission statements is to foster the continuing pursuit of education and research in the art and science of dental hygiene. To assist you in locating educational institutions that are now providing degree completion as well as master's degree programs, we have placed a listing with web connections on our website at [www.americanacademyofdentalhygiene.org](http://www.americanacademyofdentalhygiene.org). We do hope it provides avenues for you to research a program to suit your needs.

***President Elect: Tricia Osuna, RDH, BS***

**American Academy of Dental Hygiene  
Minutes at Annual Session  
Wednesday, July 26, 2006**

**Call to Order:** by President Joyce Turcotte, RDH M.Ed at 11:30 AM

**Appointment of Acting Secretary:** Wanda M. Nelson, RDH MS, member of Governing Council

**Roll Call:** 12 members and 2 non-members were present. Non-members included Phoebe Blitz, RDH MS and Karen Cawley, RDH, Lake Forest CA. Christel Autuori, RDH, BS was presenter and invited a guest, Col. Leonard F. Nolan, DDS, a participant of the Forsyth Experiment.

**Certification of a Quorum:** yes

**Approval of Minutes:** Minutes from May 17, 2006 were distributed with limited time to review. Members are to send any corrections to Nancy Barnes, RDH BS, AADH Ex. Director and acting secretary of 5/17/06 meeting.

*Corrections and Comments noted: Fellowship has now a specialty list besides general leadership including forensics and education. AADH has 5 fellows (FAADH) now.*

*Treasurers report: Leslie Andrews, RDH MBA to approach Sonicare for Corporate Sponsorship to cover AADH expenses for UOR.*

*Joyce Turcotte recommends conference calls scheduled in advance. She will investigate cost of minute taking by the phone company's service as they can tape the meeting and transcribe as a service to AADH.*

*Typo: no "e" on the end of envelop Dues bills are out online.*

*Joyce recommend email subject and deadline dates to be clear and in first paragraph of all communications.*

**Motion 1 moved by secretary pro tem to accept the minutes with corrections. Corrections to be sent to Nancy R. Barnes, RDH BS, AADH Executive Director.**

**Motion 1 Approved by General Consent.**

**Officer's Reports:** on file

**Committee Reports:** on file

**Old Business:**

Nancy offered information that UOR wants 30 days notice after their annual session to learn if AADH would like to renew for next year (Washington DC 2007). For booth space available vs. AADH having their own separate venue. Next year International Federation of Dental Hygiene is having their session (held every 3 years) in Toronto, Canada.

**Motion 2 moved by Mary Calka, RDH to have AADH in conjunction with UOR in Washington, DC and have a separate Continuing Education course.** Joyce Turcotte seconded.

Discussion: Winnie Furnari, RDH suggests visibility for AADH for PR in Toronto.

(DATES: UOR=August 2-4 and IFDH=July 19-22 w/ pre-session activities July 17-19.)

Discussion of motion suspended due to time. General consensus is that AADH continue w/ UOR and that AADH has some form of representation at IFDH next year. Tricia Osuna, RDH BS recommended support of this plan.

**Motion 2 Adopted.**

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**New Business:**

Election results: 34 total ballots; 4 write in for Tricia Osuna, RDH BS as President Elect.

Treasurer: Judith Nist, RDH BS

Secretary: Lois Sobel, RDH

4 governing council members:

Kimberly Benkert, RDH MPH

Patti DiGangi, RDH BS

Winnie Furnari, RDH BS

Dianne Brucato-Thomas, RDH EF BS

Ballots to be sent to Lois Sobel, RDH by Wanda Nelson RDH MS

**New Members:**

Christel Autuori, RDH BS of Ridgefield, CT

Millie Thaw, RDH of Deer Park, NY

**Adoption of Proposed Budget** for 2006-2007

**Motion 3 moved by Joyce Turcotte, RDH M.Ed that the budget be accepted as presented and governing council to review.**

Second: Lynn Southerland **Motion 3 Adopted**

**Induction of New Officers:**

Ann Marie DePalma, RDH BS: Membership

Winnie Furnari, RDH BS: Fellow in Forensics

Ann Koznesoff, RDH MPS: Fellowship in Leadership

Joyce Turcotte, RDH M.Ed: Fellowship in Education

Mary Calka, RDH presented outgoing president Joyce Turcotte a gift and card.

Joyce Turcotte, RDH M.Ed installed Mary Calka, RDH as AADH (established 1985) new president for the next 2 years.

**Announcements:** Christel Autuori RDH BS was speaker today.

**Adjourned:** 12:30 PM; photo ops

Respectfully submitted to Lois Sobel, RDH

CC: Nancy R. Barnes, Ex. Director.

By Wanda M. Nelson, RDH MS

Member Governing Council August 6, 2006

**The AADH Times** Is the official publication of the  
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