



AMERICAN ACADEMY OF DENTAL HYGIENE, INC.

*Professional growth through leadership, mentorship, and fellowship*

*The*



*Times*

*Fall/ Winter 2008*

**President: Tricia Osuna, RDH, BS, FAADH**



My sincere thanks to all that attended not only our Annual Business Meeting but also our Educational Presentation at UOR in /Chicago in July, your participation was appreciated, what a great turnout this year!

Our educational presentation speaker was Diane Brucato-Thomas, RDH, EF, BS, FAADH who's course was titled "Regenerative Periodontal Endoscopy™: The Future is NOW!". Diane offered us valuable information for cutting edge technology, research and 'out of the box' therapy options for our patients. Thank you Diane for a job well done!

I would like to take this opportunity to thank Mary Calka, RDH who served as the AADH President from 2006 to 2008. Mary was a great mentor, has become a wonderful friend and I have learned so much about AADH from her guidance and expertise. Mary is now serving as our Interim Administrative Assistant until a decision is made on a permanent position.

Nancy Barnes has retired from her role as Executive Director of AADH having served in this role for many years. President Calka presented Nancy with an engraved clock in recognition of her dedication to the Academy from its inception in the 1980's. Nancy will continue as a newly elected member of the Governing Council.

The installation of new Officers and Governing Council Members as well as the recognition of our past Executive Director was a great experience to participate in and I am looking forward to working with all of the newly installed Officers and GC Members. There were new Committee Chairs and Members present and it was a fabulous venue for interaction, first meetings, and sharing of ideas.

**The 2008-2010 Officers are:**

President	Tricia Osuna, RDH, BS, FAADH
President- Elect	Diane Brucato-Thomas, RDH, EF, BS, FAADH
Treasurer	Ann-Marie DePalma, RDH, BS, MEd, FAADH
Secretary	Winnie Furnari, RDH, BS, MS, FAADH
Immediate Past President:	Mary Calka, RDH

**The Governing Council for 2008-2009:**

Mary Kellerman, RDH, MS	Judy McCauley, RDH, BS, MA
Lois Sobel, RDH	Nancy Barnes, RDH, BA
Jane Weiner, RDH	Carla Gantz, RDH

I am looking forward to the coming two years and would like to hear from you on your thoughts and suggestions on the future of the Academy. My personal goals are to double the membership while I serve as President; to increase International Membership; update our website to a more user friendly format as well as work with Corporate to encourage their participation as not only sponsors but also members and participants by employing our CE Approval process.

Please feel free to contact me with your comments! [osunardh@aol.com](mailto:osunardh@aol.com)

All the best to you for a healthy, happy holiday season, and prosperous New Year!

*Tricia Osuna*

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**President Elect: Diane Brucato-Thomas, RDH, EF, BS**



***“Riding on the Waves of Change”***

We’ve heard it over and over again... Change is inevitable. The only choice we are given is whether or not to play an active role in that change. We can sit back in the life raft and float aimlessly, but we better not complain. Or we can jump in with our surfboards and ride the wave, because:

*“If you are not riding on the wave of change, you will find yourself beneath it!”* (Anonymous)

Surf’s up in Hawaii and this is not the first time. Having served on the Hawaii Dental Hygienists’ Association (HDHA) Regulations and Practice Committee for fifteen years, I have witnessed a great deal of change in the statutes governing the practice of dental hygiene here. In November, I will be stepping into the role of President of HDHA and am anticipating a very active legislative year.

Just a few years ago, we were granted general supervision in public health settings, however, we still practice under direct supervision in the private practice settings. This summer, much to our surprise, Hawaii Dental Association extended an invitation to the Hawaii Dental Hygienists’ Association to send four representatives to attend a meeting to discuss the duties of dental auxiliaries and the issues surrounding general supervision in private practice. This was a perfect opportunity to groom our upcoming leaders, so we included our next president elect and treasurer, along with a past president and me.

With ADA’s CDHC in the news all around us and rumors from hygienists who had been approached by dentists about this, we were afraid that “the duties of dental auxiliaries” discussion would touch upon the idea of incorporating dental assistants who would be trained to scale and polish. There was the possibility that we would be asked to support this in exchange for general supervision in private practice, for which we had long been planting seeds. In preparation last year, at our legislative Lobby Day at the Hawaii State Capitol last session, we informed legislators about the extensive educational requirements for licensure as dental hygienists. We felt we needed a good strategy for this meeting with HDA, starting with a team of specialists.

Recently, I was involved in reviewing proposed Rules and Regulations for the Hawaii Board of Dental Examiners, so I focused on allowable duties of dental auxiliaries in Hawaii. Our upcoming President Elect studied allowable duties and supervision of dental hygienists across the United States, while our upcoming Treasurer focused on allowable duties of dental assistants across the United States. A Past President was chosen as Historian and completely informed about the ADHA Advanced Dental Hygiene Practitioner. This was our team. Our plan was to be ready for anything, listen to whatever the dentists had to say, and commit to bringing the discussion back to our Board of Trustees.

At HDA headquarters, in Honolulu, we met with ten HDA dentists and their Executive Director. We were presented with the July issue of their journal, which included a very neutral article presenting “Direct Supervision vs. General Supervision”. They were in the process of creating a survey of their members, which has since gone out.

Levels of supervision in other states and the reflection of the lack of resulting adverse effects reported, as reflected in the price of malpractice insurance for dental hygienists, was discussed, as well as ethics and standard of care. In short, we communicated that have been working under direct supervision forever in this state and would continue to do so if the dentists were truly so afraid to move forward, because the bottom line was, we worked for the dentists. However, it seemed to us that passing general supervision was a lot like passing block anesthesia.



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Those professionals who felt competent, whose dentists felt confident, could safely and freely practice at the full extent of the law, while those who were not comfortable or confident could continue practicing under direct supervision, creating a win/win situation for all.

The leaders of the Hawaii Dental Association look forward to the results of their survey to finalize a decision whether or not to introduce legislation for General Supervision early in 2009. Meanwhile, we will survey our membership, as well. We are looking forward to our next Lobby Day in January to continue to build relationship and encourage the confidence of our legislators.

Surf's up in Hawaii and there is always the possibility of lurking sharks. For that reason, we are always careful not to chum the water. Meanwhile, we are very busy waxing up our surfboards and getting ready to ride on that wave of change! No fear!

***Diane Brucato-Thomas, RDH, EF, BS, FAADH***

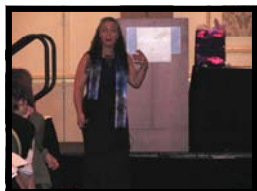
September 2008

**Nancy Barnes RDH, BS**

was recognized for her long-standing and vital service to the American Academy of Dental Hygiene, Inc. as Executive Director.



**RDH Under One Roof 2008 and AADH Annual Meeting**





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# Welcome New Members

## Welcome New Members



Carol Lee, RDH, BS  
Gail Woller, RDH  
Lynn Radziewicz, RDH  
Deborah Krueger, RDH, BS  
Cindy Kleiman, RDH, BS  
Stephanie Gianakos, RDH

### Recent American Academy of Dental Hygiene Fellows:



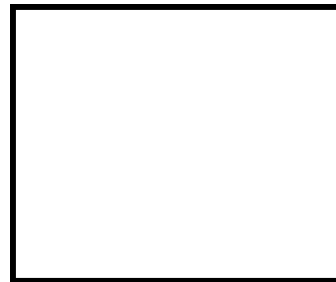
**Marilyn Cortell, RDH, MS, FAADH**



**Tricia Osuna, RDH, BS, FAADH**



**Diane Brucato-Thomas, RDH, EF, BS, AADH**



**Kimberly Benkert, RDH, MPH, COMM, FAADH**

## Recipe for Leadership

*Winnie Furnari, RDH, MS, FAADH*



One of the outstanding principles and qualities of the members of the American Academy of Dental Hygiene, Inc is Leadership. A wealth of leaders abounds in our Association. I remember an excellent article I read in Newsweek Magazine from April 4, 2005 titled, “How to be a Good Leader” by Jack Welch with Suzy Welch. It is adopted from their book, *Winning* published by Harper Business. I am writing this synopsis to refresh our qualities and possibly learn some interesting methods of leadership.

They remind us that there are lots of ways to be a leader from straight talkers to quiet innovators. Each may have a different set of guidelines they follow but each perform balancing acts each day and give it all they’ve got.

Here are the 8 guidelines or rules that he presents:

1. Leaders relentlessly upgrade their team, using every encounter as an opportunity to evaluate, coach and build self-confidence.
2. Leaders make sure people not only see the vision, they live and breathe it.
3. Leaders get into everyone’s skin, exuding positive energy and optimism.
4. Leaders establish trust with candor, transparency and credit.
5. Leaders have the courage to make unpopular decisions and gut calls.
6. Leaders probe and push with a curiosity that borders on skepticism, making sure their questions are answered with action.
7. Leaders inspire risk taking and learning by setting the example.
8. Leaders celebrate.

Are leaders born or made?

Welch replies to this question with: The answer of course, is both. Some characteristics, like IQ and energy, seem to come with the package. On the other hand, you learn some leadership skills, like self-confidence, at your mother’s knee, and at school, in academics and sports. And you learn others at work – trying something, getting it wrong and learning from it, or getting it right and gaining the self-confidence to do it again, only better.”

Welch suggests thinking of yourself as a gardener, a watering can in one hand and fertilizer in the other. I say that once we have learned these skills and achieved leadership the most important thing we can do is to mentor others to become leaders, yet another principle of the AADH – Mentorship.



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## 2008 Dr. Esther M. Wilkins Distinguished Alumni Award



**Dr. Esther Wilkins  
and  
Christel Autuori**



Left to right, they are, **Dr. Esther Wilkins, Wanda Nelson, Wendy Garcia, Christel Autuori, Ann Marie DePalma, and Mary Kellerman.**

Christel Autuori RDH BS is the recipient of the 2008 Dr. Esther M. Wilkins Distinguished Alumni Award which will be presented by Dr. Esther Wilkins at the 2008 Forsyth Alumni brunch in Boston June 8. Christel is a practicing dental hygienist and former instructor of dental hygiene at the Fones School of Dental Hygiene, University of Bridgeport. Earlier in her career, Christel was a participant in the Forsyth Project Rotunda, in which ten dental hygienists were trained to perform all phases of restorative dentistry in an effort to increase access to care.

Christel is co president of Cape CARES (Central American Relief Efforts), and organization of volunteers who bring medical and dental care to the poor of Honduras, who have no access to medical and dental care. Christel has led teams to volunteers to southern Honduras for the past eight years. In addition to providing direct patient care, Christel visits the schools in the area, armed with toothbrushes donated by the schoolchildren in her hometown, and instructs the Honduran children in the importance of good oral hygiene. Toothbrushes are distributed and topical fluoride is brushed on the children's' teeth to help prevent dental decay.. Christel has written articles which have appeared in **Modern Hygienist** and **RDH magazines** about her humanitarian efforts in Honduras

Christel has practiced yoga for almost as long as she has practiced dental hygiene and is a certified AcuYoga instructor and registered yoga teacher with the nationally recognized Yoga Alliance. Christel has presented yoga courses and workshops at regional dental conferences including AcuYoga for Optimal Health at the 2008 Yankee Dental Congress in Boston, Ma. She has developed and conducted AcuYoga for You and Your Patients, a workshop for dental professionals, and has authored articles on the health benefits of yoga which have appeared in **Modern Hygienist** and **Access**.

In addition to her membership in AADH, Christel is a member of the American Dental Hygienists Association and former Trustee, Danbury (CT) component. She is a member of the National Dental Assistants Association, the International Federation of Dental Hygienists, the Connecticut Holistic Health Association, and Sigma Phi Alpha, the national honor sorority of dental hygienists..



### **Winnie Furnari RDH, MS, FAADH**

was elected to the ADHA Committee on Ethics  
at this year ADHA Annual Session



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**Jane Weiner RDH**

**Jane Weiner, RDH** from Tamarac, Florida has had a busy year. She co authored the Saunders Review of Dental Hygiene 2nd edition (by Elsevier publishers) with Margaret Fehrenbach. It is not only a wonderful review for the students for the National Board of Dental Hygiene but it is also invaluable for the hygienist who wishes to update his/her knowledge on different didactic subjects. It also has a wonderful fun CD with word find, crosswords, key glossary terms, and wonderful pathology, anatomy, and radiology pictures. Just as her work on this was winding down, Jane received an email from the Dean of NOVA SE College of Dental Medicine in Ft. Lauderdale, Florida where she works that she was chosen as "employee of the month". What an honor it is not only to work amongst such wonderful doctors, hygienists and students but to hold this extreme honor.

### **First Recipient of ADHA/Hu-Friedy Master Clinician Award**

Diane Brucato-Thomas, RDH, EF, BS, FAADH, received the ADHA/Hu-Friedy Master Clinician Award in Albuquerque, New Mexico at ADHA's 85th Annual Session. This is a new ADHA award sponsored by Hu-Friedy to honor a clinical dental hygienist who demonstrates outstanding clinical expertise in relating to interdependence of clinical practice and patient education for the improvement of patient compliance. Nominees must be nominated by their state or local component, have a minimum of ten years clinical experience, be a dedicated, compassionate and highly effective clinician as well as having outstanding clinical knowledge, skills and professional competence. Diane was a perfect fit! They must also share their clinical knowledge and expertise through presentations, workshops, participation in research, or programs that provide access to care.



Congratulations Diane! We are all so proud of your achievements and your contributions to the profession of dental hygiene.

written by Kim Schneider, RDH, BS (West Hawaii Dental Hygienists' Association)



### **World Congress Grants Leadership Award To Wisconsin Dental Hygienist.**

The World Congress of Minimally Invasive Dentistry (WCMID) awarded their Leadership Award to Shirley Gutkowski, RDH, BSDH, FACE of Sun Prairie, WI.

Gutkowski was awarded at the WCMID annual conference in Chicago August 15, 2008.

Gutkowski, a clinician, began her dental hygiene career in 1986. Since 2000, her focus has shifted to educating other clinicians about using the medical model of treatment for dental conditions that revolves around more than just brushing and flossing.

Her current interests lie in affecting the oral care of dependant adults without creating more of a burden on the nursing staff. Using xylitol and other ingredients a recent study in a Rock county nursing home showed marked improvement in the plaque levels of the residents. After the study ended the CNAs wanted to continue on with the protocol because the residents' breath was so much better.

"I love dental hygiene, and I'm overjoyed to be in this profession right now", said Gutkowski, Immediate Past President of the Wisconsin Dental Hygienists' Association and 2008 recipient of the Alumna of the Year award in dental hygiene from Marquette University School of Health Science.

Co-Founder and past president of the WCMID, Dr. Kim Kutsch, says "Shirley is one of our champions - bringing our message forward. Her continued efforts in reaching out to clinicians across the professions are why she's an example of what the award represents".

Her own company, Cross Link Presentations, is in business to bring the news of optimal oral health as a means to overall health has been thriving since 2003. "Medicine needs to understand that dentistry is not just about drilling teeth," says Gutkowski.

Other WCMID award winners were Dr. PD Marsh Lifetime Achievement for his work with biofilm, Tim Harbolt, DDS President's Award, and John Derango, DDS, Clinician of the Year. Doug Young, DDS of University of California Pacific; Jon Roth California Dental Association Foundation; John Featherstone, PhD Dean of the University of San Francisco Dental School also were Leadership Award winners, and Joel Berg, DDS University of Washington received an award for education.

The WCMID, is an international group of practicing dentists, researchers and dental school academicians supporting the idea of treating cavities with a medical model of treatment, avoiding surgical intervention (drilling) until the infectious nature of the disease is under control. Minimally Invasive Dentistry is respecting the health, function and aesthetics of oral tissue by preventing disease from occurring or intercepting its progress with minimal tissue loss. Their Web site is [www.wcmid.com](http://www.wcmid.com)



### **New York City College of Technology's Cross Cultural Dental Hygiene Exchange Program**

**Marilyn Cortell** is pleased to have completed the 4<sup>th</sup> year New York City College of Technology's Cross Cultural Dental Hygiene Exchange Program (CCDHEP). As the founder and administrator of the program Marilyn's goals are to continue to foster, develop and cultivate an environment that focuses on vibrant, interactive instruction and dialogue between international students and New York City College of Technology's student's and faculty.

This year the Department of Dental Hygiene welcomed the arrival of **Eveline van der Sluijs** from Amsterdam the Netherlands. Eveline is a fourth and last year dental hygiene student from ACTA University who as an avid tennis player cooperatively developed and organized tennis clinics and activities specifically for youth tennis players in Amsterdam. She has traveled as a student to Bordeaux, France, Florence Italy and most recently New York City. Eveline said that "being at City Tech was a memorable experience " and that she thoroughly enjoyed treating patients, attending classes and spending time with the students throughout the city. She leaves hopeful that she was able to "teach us" at the same time she was learning from us. The entire dental hygiene classes of 2009-2010) was most welcoming and helpful to Eveline as she acclimated to a completely different clinical and didactic setting. Student American Dental Hygiene Association Officers officially served as mentors. Namely, Jennifer Timmons, Nikita Leon, Jennifer Tompkinson, Jadie Rivera, Josanne Clarke, and Ganna Shpilberg. (pictured with administrator Marilyn Cortell)

The CCDHEP has a secondary component whereby city tech dental hygiene students and a faculty member study for one week at the ACTA University attending classes and participating in an International Week of study. Marilyn says that the opportunity for many of our students and faculty to travel abroad, broaden their learning experience and enhance their personal development over the four years of the CCDHEP has proven to be immeasurable. Academy member **Joycelyn Dillon** was last years' participant in Amsterdam.



**Wednesday July 29, 2009**  
**AADH Annual Meeting 8:00 am– 10:00 am**  
**&**  
**Continuing Education Seminar 10:30am– 12:30pm**  
**Maria Perno Goldie will be our honored speaker**

*Become a Fellow  
in the American Academy of Dental Hygiene*

**Fellowship Application Procedures and Deadlines**

The following regulations apply to members who are seeking the award of Fellowship in The American Academy of Dental Hygiene (FAADH). Members who have met all requirements and choose to apply for the Fellowship must complete an application.



Applications for the Fellowship Award must be postmarked by **July 1st, 2009** and email to the Administrative Assistant at [admin@aadh.org](mailto:admin@aadh.org) to be considered for convocation that same year.

Applications received by the July 1st, 2009 deadline will be reviewed by the Fellowship Review Committee. Applicants will be informed by letter regarding AADH action by August 1st. All new fellows are encouraged to attend a special ceremony held during the AADH Annual Meeting.

A \$25 application fee is required and must accompany the award application.

Requirements in effect at the time of your membership will apply to your records. Membership in AADH maintains Fellowship status. Requirements for future members may change.

1. Be a active full or life member of the Academy for at least three (3) years.
2. Provide documentation of achievement of a Baccalaureate degree or higher.
3. Be elected by 3/4 vote of the Governing Council.
4. Fulfill 3 of 4 additional criteria.
  - A. Document advanced education of at least 100 hours in the specialty or field.
  - B. Document active participation in the specialty or field via practice, published research or poster/clinic presentations at national or international hygiene meetings, or having served elected leadership positions in hygiene associations.
  - C. Present a continuing education course which meets AADH guidelines for course approval.



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2008-2009 Officers/Committees

**Executive Committee**

President: Tricia Osuna, RDH, BS, FAADH  
President- Elect: Diane Brucato-Thomas, RDH, EF, BS, FAADH  
Treasurer: Ann-Marie DePalma, RDH, BS, MEd, FAADH  
Secretary: Winnie Furnari, RDH, BS, MS, FAADH  
Immediate Past President: Mary Calka, RDH

Interim Administrative Assistant – Mary Calka, RDH

**Governing Council**

Mary Kellerman, RDH, MS Term 2007-2009  
Judy McCauley, RDH, BS, MA Term 2007-2009  
Lois Sobel, RDH Term 2008-2010  
Nancy Barnes, RDH, BA Term 2008-2010  
Jane Weiner, RDH Term 2008-2010  
Carla Gantz, RDH Term 2008-2010

**Finance Committee**

Tricia Osuna, RDH, BS, FAADH Chair  
Judy McCauley, RDH, BS, MA  
Carla Gantz, RDH, BS

**Public Relations**

Maria Perno Goldie, RDH, BA, MS Chair  
Diane Brucato-Thomas, RDH, EF, BS, FAADH  
Sue Humphrey, RDH, MEd  
Marilyn Cortell, RDH, MS, FAADH

**Bylaws Committee**

Kristy Menage Bernie, RDH, BS Chair  
Karen Raposa, RDH, MBA

**Procedures Sub-Committee**

Kimberly Benkert, RDH, BS, MPH, COM  
Mary Kellerman, RDH  
Nancy Barnes, RDH, BA

**Nominations Committee**

Linda K. Bohacek, RDH, MA, CDHC, FAADH Chair  
Jane Weiner, RDH

## 2008-2009 Officers/Committees

### **Membership Committee**

Lois Sobel, RDH Chair  
Maria Perno Goldie, RDH, BA, MS  
Judy McCauley, RDH, BS, MA  
Debbye Krueger, RDH, BS

### **Fellowship Approval Committee**

Winnie Furnari, RDH, BS, MS, FAADH Chair  
Linda K. Bohacek, RDH, MA, CDHC, FAADH  
Jane Weiner, RDH

### **Course Approval Committee**

Leslie Andrews, RDH, BS, MBA Chair  
Ann-Marie DePalma, RDH, BS, MEd, FAADH  
Kristy Menage Bernie, RDH, BS  
Maureen Howes, RDH, BS, MS  
Laura Mueller-Joseph, RDH, BS, MS, EdD  
Marcia Lorentzen, RDH, MS  
Barbara Dawidjan, RDH, Med

### **Editor/Chair Newsletter**

Millie Thaw, RDH Chair  
Winnie Furnari, RDH, BS, MS, FAADH Consultant

### **AADH Times Review Committee**

Shirley Gutkowski, RDH, BSDH, FACE  
Jodie Heimbach, RDH

### **Minutes Review Committee**

Diane Brucato-Thomas, RDH, EF, BS, FAADH  
Jane Weiner, RDH

### **Annual Meeting Committee**

Tricia Osuna, RDH, BS, FAADH Chair  
Diane Brucato-Thomas, RDH, EF, BS, FAADH  
Mary Calka, RDH

### **Course Presentation/Speaker**

Millie Thaw, RDH Chair

### **Awards Committee**

Winnie Furnari, RDH, BS, MS, FAADH Chair  
Judy McCauley, RDH, BS, MA



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**ATTENTION ALL SPEAKERS!!**

A slide has been created for all AADH speakers to insert into their programs with the purpose of promoting the Academy. It is only one slide and copy (Notes Page) is provided. The slide is in a generic white background and when placed into your PowerPoint program, will automatically convert to the background of that program.

To receive the slide via email, please contact Leslie Andrews at [Leslieandrews@att.net](mailto:Leslieandrews@att.net). Leslie will send you the slide and instructions



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**IMPORTANT NOTICE**

The AADH Times will now be delivered only via the Internet. This is a cost saving measure to better serve our members in a more fiscally responsible manner, not incurring the cost of printing and mailing. If you do not have access to a computer you will be able to obtain access to [www.aadh.org](http://www.aadh.org) at your local public library. This also will ensure our funds are focused on member benefits and continuing education which will further enhance our relationships with other professional associations.

Please share achievements and articles with fellow members through the AADH TIMES by submitting them to me via email as a MS Word document (.doc) to : [thetoothfairylives@yahoo.com](mailto:thetoothfairylives@yahoo.com)

Thank you,  
Millie E. Thaw RDH